



# Advanced Power of Coaching (APOC)



The Advanced Power of Coaching explores the theory and skills behind effective coaching and develops a greater understanding of how coaching can be used with students and colleagues in every-day situations. Delegates acquire skills and strategies to continue their coaching development and reach the next level towards their coaching accreditation. The APOC forms part of the OLEVI Teaching & Learning Syllabus, which has gained a national reputation for raising standards in teaching and learning.

## Objectives

- ▲ deepen understanding of the theory behind coaching, enabling delegate to maximise the successes when they are coached following attendance of POC
- ▲ increase the teaching and learning tool kit with strategies and approaches designed for students
- ▲ have a heightened awareness of their coaching strengths and areas for development with a clear way forward.
- ▲ lead coaching groups with confidence.

## Impact

“Investment in **Coaching** has been a crucial part of the successes achieved by The Pioneer Academy schools. Coaching has united staff at all levels, opening up valuable communication channels that improve the quality of teaching and learning. It opens up a state of mind where learning and progression is key.”

Lee Mason-Ellis, Executive Head, Stewart Fleming Primary School

## Vision

To give the teaching profession the tools and strategies; challenge and inspiration to engage in excellence – raising the quality of teaching practice to ensure every student in every school enjoys outstanding teaching and learning outcomes.



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The programme is a key part of the OLEVI portfolio of school-to-school support, which is helping to increase capacity and drive up standards in all schools. This programme is a key part of our Coaching Accreditation Process and is designed to maintain success and development in schools. A coaching ethos that is truly embedded in an organisation, strengthens effective leadership and grows the quality of Teaching and Learning.

## The APOC:

- ▲ provides specific and advanced coaching tools that delegates can tailor and develop to enhance their own practice.
- ▲ provides a forum to work collaboratively with colleagues giving delegates the opportunity to facilitate their ideas and establish networks to continue to practice and develop their skills.
- ▲ ensures that coaching strategies can be designed, implemented and embedded in schools and that delegates will have advanced awareness of this process and their responsibilities. They will utilise their knowledge and expertise of coaching to work with colleagues in formal and informal situations.
- ▲ gives colleagues the understanding and range of models and coaching systems. More experienced coaches ensure the impact of each session is maximised in this way.

## Eligibility

This programme is open to anyone who has completed the **Power of Coaching TTT** or **POC within the OTP** and wants to develop and grow their coaching skills and knowledge to drive their school forward. Delegates moving towards being an accredited **OLEVI Professional Coach (OPC)** will need to have completed the **APOC** before advancing on to this stage.

## Impact

APOC is dramatically improving the performance of coaching delegates and, in turn, those individuals they are responsible for. Many schools are now creating formal coaching structures within departments and across federations, the coaching sessions are given the recognition they deserve and their impact becomes more evident. High quality coaches also

seek out opportunities to develop colleagues in more informal situations and even though these corridor conversations are less structured, the resulting actions can be equally powerful. The more we coach others and are receiving quality coaching, the more the ability to self-coach becomes manifest. This approach helps to analyse issues and opportunities in new ways and reflect on the most suitable course of action.

"The programme developed my coaching skills further. I am already well versed in the models for POC and use them almost daily within my school. The APOC compounded what I already use, extended my thinking with regards to some new models and will enable me to articulate what I know to others who have a lesser understanding of coaching – an essential skill to get right so that those being coached can work through something effectively using the tools we have been given and skills we have developed."

**Rebecca Cox, Headteacher, Lutley Primary & Principal of Hales Valley Teaching School**

## Commitment

This 2.5 day programme consists of an initial 1.5 days, with a 4-6 week period of intersession activity, followed by 1 final day. It is preferable that two colleagues go through APOC together, this makes the intersession activity much easier to organise, complete and measure. If schools would like to send colleagues from within partnerships and alliances, colleagues may support each other in a similar way. Delegates will require the opportunity to coach and be coached by colleagues during the intersession activity, this sometimes involves a little release time depending on timetables but mainly is carried out in the delegate's own time.

## Cost

£475 (excluding VAT) per delegate.

### "The Bigger Picture"

APOC is just one of the programmes in the OLEVI Teaching & Learning Syllabus developed by OLEVI to drive up standards in schools. Structured around the ethos and principles of the DR ICE® learning model our programmes support the growth of education professionals at every level, to create a successful teaching and learning culture that leaves a lasting legacy.



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